



Monthly Newsletter

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SEPTEMBER-OCTOBER NEWSLETTER

Hello everyone,

Welcome to the last few weeks before Moonlight at the Oasis VII - how exciting! Everyone's putting their final touches to costumes, choreographies and other special additions to make this event our best ever.

I am so proud of our Dreams of the Desert, the beginners and beyond class. Most are performing for the first time, and have even made their own new gold costume sets after a few sewing lessons with me. Amy has also been teaching some tricks to the Stars with her new sewing machine and overlocker, and is doing exceptionally well in her newfound love for costume making.

Now is a good time to book the concert tickets, so please follow the link to secure your seats:
<https://tinyurl.com/y8ns862g>

In light & love,

QShira^{xx}



Top: Our Burleigh Dreams of the Desert (Beginner's) class.

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FEATURED DANCER - RACHEL NORMAN

Rachel is our newest troupe member. With a strong background in ballet, Rachel brings these elements into her belly dance style and integrates ballet movements and poses into her beautiful performances.

Although Rachel had a long break from dancing to focus on studies and work, she found that the opportunity to perform on stage again has given her a renewed confidence and excitement. *'Being on stage is so invigorating, I always loved performing growing up, and it wasn't until Shira invited me to perform at the end of year concert that I was reminded of how much I love dressing up in costume and expressing myself through dance.'*

As an architect, Rachel enjoys being able to express her femininity and let loose in class,

'I especially like the varying styles that exist within belly dance, you can explore being elegant and graceful in a dance with veils for example and then have the earthy and shimmying hip movements of a drum solo. I feel that this form of dance allows us to explore different aspects of ourselves, that we maybe didn't even realise were there.'

Rachel looks forward to improving her technique and continuing to learn from Shira and each of the girls that she dances with, *'Each of us has our own individual style and strengths; Shira encourages us to bring our individuality through. I am grateful to Shira for her positive and uplifting energy that inspires us to feel beautiful and confident in our own skin.'*

Thank you Rachel. Your dance and elegance has inspired the dynamics and sophistication of the troupe.



LABRADOR MULTICULTURAL FESTIVAL

The 22nd of September saw Labrador's first multicultural festival, inviting performers representing the Middle East, China, Japan and more. Alexandra and Amy proudly represented Egyptian Oriental belly dance, to a large crowd that filled the indoor hall.



LILY HEALING FOUNDATION

Another of our many events so far this spring was the launch of Lily Healing Foundation, by our dear Ebony from the Southport Dreams of the Desert. Named for her sister, Lily, her new foundation aims to give advice and access to holistic therapies for people with mental health issues. We were honoured to support Ebony in this worthy cause, with Shira, Rachel and Alexandra performing during the night after Ebony made her solo debut.

CARE 4 ALL NEPAL

Barbie Cawthan held her second fundraiser for the Nepal Project 2 on the 19th of October, raising money to assist a Nepalese village in rebuilding their homes and creating income streams. Alexandra was warmly received by the audience:
"Thank you so much for your Dance n Contribution to the night Was a highlight of the night All enjoyed it" - Barbie Cawthan



TANDOORI PALACE

Evelina performed at the Tandoori Palace on a couple of occasions for their large group bookings, directly from India. The customers were so delighted with her style and grace.