



*Monthly Newsletter*  
April 2018  
Vol 1 Issue 4  
Editor: Alexandra Preston



## APRIL NEWSLETTER

Welcome to the Bellydance Academy Gold Coast's fourth edition of our monthly newsletter.

We are well into our 2nd term of classes. Thank you to all the new students that have come on board; we've had much enjoyment and fun in class. My continuing students are showing such pride and advancement; it's really gratifying to see.

Stay tuned for our Moonlight at the Oasis VII concert, date to be confirmed. We are excited to have already started on the choreographies for some classes, and very soon for others. You will see how all your practice comes together to create a beautiful dance, that you will have an opportunity to share with friends and family.

In Light & Love, Shira xx



*Photo taken in Egypt by Yasmina Cairo*

*Above: Dreams of the Desert, Southport class*

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## SOMATICS FOR BELLY DANCE

Keti Sharif's workshop, Somatics for Belly Dance, held on the 28th of April, was a great success. There was a wonderful turnout; everyone was enthralled with this new somatic language in the belly dance world.

Not only is Keti a wonderful person, but she is also very generous with her teaching. The feedback from students was very positive and we hope to see her back soon for continued workshops.

Feel free to browse her website for additional information and inspiration: <http://www.ketisharif.com>

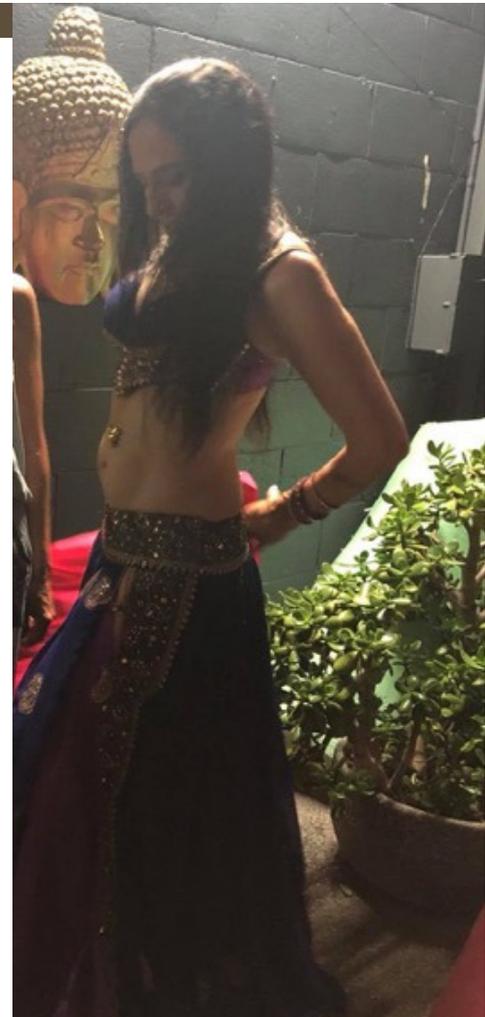
## NEPAL FUNDRAISER

On the 20th of April, we were privileged to assist in fundraising for the Nepal Project #2, where money was raised for the Nepalese to assist with rebuilding their homes, crops and way of life following the 2015 earthquake. It was so satisfying to see so many willing to contribute.

Many thanks to Barbie Cawthan for her wonderful organisation and this most appreciated testimonial:

"Wasn't Shira ... amazing - Shira donated 10 lessons in belly dancing at her Academy to our Nepal-Project 2 Fundraising night last Friday night- Won by Michelle, friend of our incredible auctioneer, Philip Black Auctioneers. Shira gave a demonstration of dance - Thank You so much Shira; certainly got everyone's heart beat up and Congratulations Michelle".

*Right: Shira backstage at the Nepal Project #2 Fundraiser*





## FEATURED DANCER - AMY GRAHAM

Amy began her belly dancing journey in 2011 after seeing how much enjoyment, strength and fitness it gave her mother and sister. After a year off due to a back injury, she joined Bellydance Academy Gold Coast in 2013 and has been performing with the Stars of the Sahara Troupe since 2014.

Amy has continued to dance through two pregnancies and now has her little "helpers": Robbie (2 years) and Evie (6 months), who both love to watch and, in Robbie's case, join in the dancing and drumming. She has also taught drumming at the Academy's workshops and classes, creating beautiful music for the girls to dance to. Demonstrating these exceptional Middle Eastern rhythms is vital for students to have this musical understanding.

Amy loves dancing with poi, and has combined belly dancing with veiled poi (voi) for several performances. She excels in this technique, creating a dynamic fusion. It's wonderful to watch Amy's growth over the years and now with her two littlies joining in it's a beautiful dimension to the dynamic of the group.

## ACADEMY SINGLETS

New white class singlets by our very own Amy Hanrahan from Signal Group. Feel free to have a look at their offerings at:  
<https://signalevents.biz>

We also have black back in stock, in sizes, 8,10 & 12. Many of the students have enjoyed wearing their singlets as part of our Academy uniform, and now we have white to add to our collection. You can purchase one for \$32.00 from me via email or in class.



## VEIL WORKSHOP

Learn to Dance with a Veil Workshop, part 2 in the Behind the Veil series, is confirmed for Sunday, the 17th of June.

Please book early so as not to miss out:

<https://business.facebook.com/events/580401112329719/>

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# Bellydance Academy

GOLD COAST

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## Belly Dance Time Table 2018

Term 2 Classes start 16th April

### MONDAY

Robina Community Centre  
Intermediate - 7:15 pm  
Advanced/ Troupe - 8:15 pm

### TUESDAY

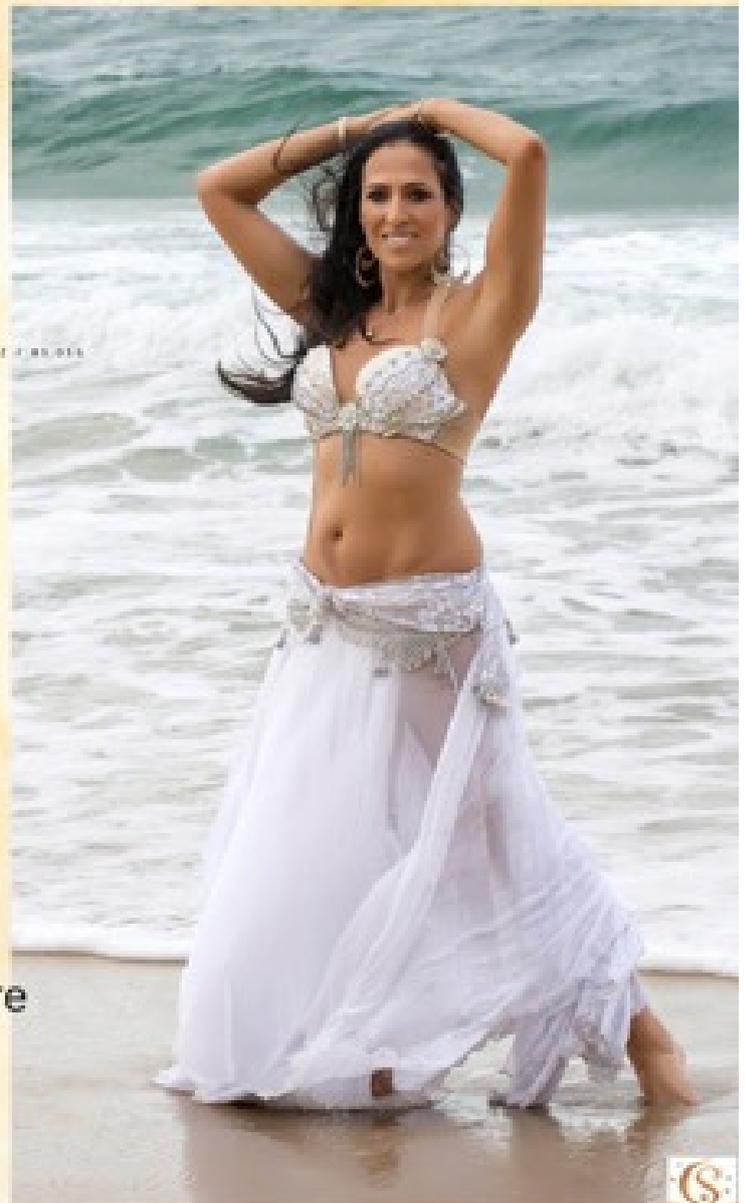
Robina Community Centre  
Beginners/ Beyond - 5:30 pm

### WEDNESDAY

Southport Community Centre  
Beginners/ Beyond - 6:30 pm  
Intermediate - 7:30 pm

### THURSDAY

Helensvale Library & Cultural Centre  
Beginners/ Beyond/ Basic  
Intermediate 5:30 pm  
10 week term \$150 - Casual \$20



BOOKINGS: 0400 881 815

APP: Belly Dance Gold Coast

[www.bellydancegoldcoast.com.au](http://www.bellydancegoldcoast.com.au)